Turning Point™ Institute

MSc. in Integrative Counselling and Psychotherapy

UCC
University College Cork, Ireland
Coláiste na hOllscoile Corcaigh

Validated and awarded by
University College Cork —
National University of Ireland, Cork.

We can make our minds so
Like still water
That beings gather around us
That they may see
It may be, their own images
And so live for a moment
With a clearer
Perhaps even a fiercer life
Because of our quiet

W.B. Yeats

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Introduction

Turning Point™ Institute (TPI) is delighted to offer a four-year, part-time MSc in Integrative Counselling and Psychotherapy, validated and awarded by University College Cork, which commences in September each year.

The MSc in Integrative Counselling and Psychotherapy is the flagship programme at Turning Point™ Institute. It is distinct in its clinical and research teaching, its student support and the attention given to each individual student. The programme, embedded within a humanistic framework, includes experiential training, clinical practice, supervision, theoretical teaching and research skills. The exceptional care and attention to detail offered by Turning Point™ Institute, allows for an outstanding training programme.

Turning Point™ MSc graduates are highly skilled, industry recognised and respected throughout the profession. During their training they benefit from both the legacy of Turning Point™ Institute and a forward-facing approach that recognises and understands the needs of a modern society. This ensures that those graduating are prepared both personally and professionally to work therapeutically in clinical practice and also as research-practitioners.

This course is ideal if you want to:

- Find meaning, purpose and value in your life.
- Train as a professional counsellor and psychotherapist.
- Enhance your knowledge and skills competencies in your current professional role.

Course Features

- The MSc in Integrative Counselling and Psychotherapy, offered by Turning Point™ Institute, is awarded and validated by University College Cork (UCC) and recognised by all major Irish and European accreditation organisations.
- Outstanding education for those wishing to have a career in counselling and psychotherapy.
- Integrative, person-centred approach to counselling and psychotherapy.
- Professional delivery of theory, skills competencies and research by a highly experienced and committed faculty.
- Individualised and ongoing student support provided, throughout the course, in relation to all aspects of the training programme.
- Fully supported clinical placements and supervision, meeting best practice guidelines.
- Respectful of diversity, inclusion and equality.
- Graduates of the MSc in Integrative Counselling and Psychotherapy are eligible to apply for the European Certificate of Psychotherapy (ECP) which entitles them to clinically practice in most European countries.



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Accreditation

The MSc in Integrative Counselling and Psychotherapy is recognised by all of the main psychotherapy accrediting organisations in Ireland: The Irish Association of Humanistic and Integrative Psychotherapy (IAHIP), The Irish Council for Psychotherapy (ICP) and the Irish Association of Counselling and Psychotherapy (IACP). The MSc in Integrative Counselling and Psychotherapy is also recognised by the European Association of Psychotherapy (EAP) and European Association for Integrative Psychotherapy (EAIP), as having reached its required standards.

European Certificate of Psychotherapy

Turning Point™ Institute is an accredited member of the European Association of Psychotherapy Training Institutes (EAPTI). Graduates of the MSc in Integrative Counselling and Psychotherapy are eligible to apply for the European Certificate of Psychotherapy which entitles them to clinically practice in most European countries.

About the Course

The MSc in Integrative Counselling and Psychotherapy comprises of five interweaving component parts:

Integrative Approach
Turning Point™ Institute (TPI) training recognises the uniqueness of the individual. We do not believe that any one, single approach to psychotherapy is the only way. Our integrative approach to psychotherapy is embedded within a humanistic framework, informed by person-centred therapy, psychoanalysis, the transpersonal approach of psychosynthesis and the developmental insights of psychodynamic theories. During your training, you will be taught how to integrate theories and skills from several different therapeutic modalities to formulate a coherent and flexible framework of your own, to best serve your client's individual needs.

Skills Development
At TPI, you will develop the skills competencies that will allow you become a qualified psychotherapist. You will learn how to improve your interpersonal, communication and listening skills, develop therapeutic relationships based on empathy, trust and respect and to use reflexive techniques to help clients through their challenges.

Education, growth and *transformation.*

Self-Reflection
Self-reflection is an essential component of psychotherapy and the best therapists are always those that have done their own emotional work. TPI creates a safe environment where you can personally reflect on past experiences to achieve a deeper understanding of self. This is an integral part of your journey and development to become a qualified psychotherapist. You will be encouraged to keep a personal journal of your experiences throughout the training.

Clinical Practice
Clinical placement commences in year 3 and continues until the end of year 4. TPI will fully support you to find a clinical placement, meeting best practice requirements. TPI will also assign you an accredited clinical supervisor, trained in integrative psychotherapy, who works to the governing organisations Code of Ethics.

Research
As part of your training, you will learn about the value of research, understand its real-life applications and be supported to develop research skills for effectiveness in practice. You will develop an understanding of different approaches to psychotherapy research, including how research contributes to the development of knowledge and critical analysis on a subject related to Psychotherapy. You will be appointed with an academic dissertation supervisor in year 4 who will guide and support you with your dissertation submission.



Student Support
You will be assigned an experienced skills tutor to guide you through each aspect of the course, with ongoing feedback provided during each academic year. Study groups and class cohesiveness form an important resource for students on their journey through the programme, in both academic research and clinical learnings.

Equality, Diversity and Inclusion
We are a welcoming and inclusive training centre, with accessible facilities. We encourage applicants from a range of backgrounds including, but not exclusively, race, religion, ethnicity, gender, sexual orientation, disability, and neurodivergence, allowing for a creative, vibrant learning environment. We are non-discriminating and care for all of our students equally.

Student Testimonials

For anyone interested in psychotherapy, the Masters in Integrative Psychotherapy at Turning Point™ is the best thing that will ever happen to you. I found the experience to be truly transformative, both personally and professionally. As someone who had no previous experience in the field, the programme provided me with a comprehensive understanding of the theoretical and practical aspects of psychotherapy, which I have been able to apply in my work with clients.
Emma Comerford

I cannot recommend this course enough, within the safe space offered on this programme I explored my perceptions, challenged myself and began a lifelong learning journey.
Eimear Deighton

One of the most profound privileges I now recognise is the ability to sit with clients, equipped with the knowledge, insights, and depth of understanding gained through my training. The rigorous preparation provided by this course gives you a solid foundation to hold space for others.
Peter J Mulvihill

Studying at Turning Point™ (2019-2023) was truly life-changing for me as I learned to live from the inside out. I stepped into a world where incredible tutors (all therapists) offered complete and unconditional acceptance and empathy.
Mairéad Hurley

Overview

The MSc in Integrative Counselling and Psychotherapy is delivered **in-person** at Turning Point™ Institute, 23 Herbert Street, Dublin 2. It runs over four academic years, incorporating 640 hours approx. of structured contact time. Lectures and experiential group learning takes place across three-day weekends, from September – June.

Contact Time		Fridays	Saturdays	Sundays
Year 1	8 weekends	1.30 – 8 pm	10 – 6 pm	10 – 6 pm
Year 2	9 weekends	1.30 – 8 pm	10 – 6 pm	10 – 6 pm
Year 3	9 weekends	1.30 – 8 pm	10 – 6 pm	10 – 6 pm
Year 4	9 weekends	1.30 – 8 pm	10 – 6 pm	10 – 6 pm

Timetables issue at the beginning of every academic year. Provisional timetables will be sent to candidates when they are offered a place on the course.

In addition to training weekends, students must:

- Attend personal therapy throughout the four years of the course (All Years).
- Attend a 2-hour study group, approximately once a month (Years 1–3).
- Engage in Reciprocal Skills Practice weekly (Year 2).
- Attend monthly group supervision (Year 3).
- Complete a minimum of 200 client hours (Year 3 and 4).
- Attend fortnightly Clinical Supervision (Years 3 and 4).
- Attend regular academic supervision (Year 4).

Course Content

Year	Module	Credits
1	Intro. to Skills and Process of Counselling & Psychotherapy	5
	Humanistic Counselling and Psychotherapy	5
	Psychosynthesis	5
2	The Skills and Process of Counselling and Psychotherapy	10
	Integrative Module	5
	Personality and Developmental Psychology	5
3	Therapeutic Relationship Skills 3 and Clinical Supervision	10
	Integrative Module	5
	Working Therapeutically with Trauma	5
	Research Module	5
4	Clinical Supervision	10
	Research Dissertation	30

The MSc modules total 100 credits.

Assessment

- Assessment for the Skills and Process of Counselling & Psychotherapy modules is done on a continuous basis throughout the year.
- There is a 3,000 words assignment for all other taught modules
- 30 credits are allocated to the research dissertation, submitted during the summer of 4th year.
- Progression from year to year is dependent on students meeting the requirements set for each module, including the clinical requirements in year 3 and 4.
- An external examiner oversees the marking of assignments and assessments. An appeals procedure in place for all marked assignments and skills assessments.

Therapeutic and Clinical Requirements

Personal Therapy
Personal therapy is a mandatory part of the MSc programme, but it is not assessed.

Year 1	Minimum of 20 hours personal therapy
Year 2	Minimum of 40 hours personal therapy
Year 3	Minimum of 40 hours personal therapy
Year 4	Minimum of 40 hours personal therapy

At the end of each academic year, students must submit a record of their personal therapy hours, signed by their therapist who must be IAHIP, IACP or EAP accredited. Students are responsible for their own personal therapy costs. *You are advised to check with your health insurance provider to see if you are eligible for a reimbursement of personal therapy fees.*

Group Therapy
Students engage in specific group processes throughout the four-year course. Process work is also incorporated into the Skills Training and other modules, where applicable. You will be assigned a specific group therapist for each year of the training.

Clinical Contact and Supervision Hours
Students must complete a minimum of 100 supervised client contact hours during year 3, and a further 100 hours during year 4.

Course Fees (2025–26)

Application/Interview Fee
A non-refundable €150 application/interview fee must accompany all application forms.

Year 1 Tuition Fees

Deposit	Balance	Total
€2,000	€4,900	€6,900

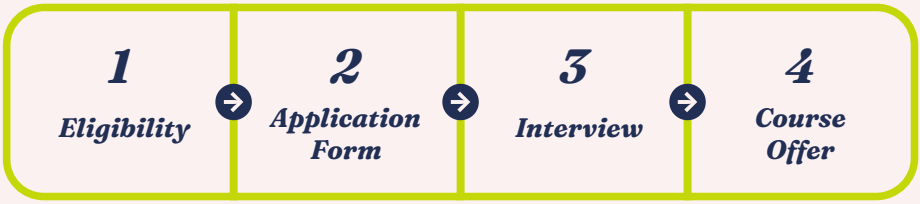
Fees for years 2, 3 and 4 are available upon request.

- Payment of the deposit is required, upon course offer, to secure your place on the MSc programme.
- The balance of fees must be paid in advance of the start of the MSc programme.
- The MSc in Integrative Counselling and Psychotherapy tuition fees are eligible for tax relief under section 474A, Taxes Consolidation Act, 1997.

Personal Therapy
MSc students must complete a minimum of 20 hours of personal therapy, with an IACP, IAHIP or EAP accredited therapist, during year 1. *Students are responsible for their own personal therapy costs.* If applicable, students may be able to claim part of their therapy fees from their health insurance company. Students may also be able to claim a tax rebate from Revenue for their personal therapy fees.

Application Process

Applications for the MSc course are accepted from January to July each year.



1. Eligibility

- Graduates: Prospective students should have a Level 8 Honours Degree (at least a 2.2 or equivalent). Those selected for interview will normally have a minimum of 5 years post-graduate experience. Pre-graduate experience will be considered.
- Recognition of Prior Learning (RPL): Prospective students who do not possess a primary degree may gain entry through RPL. Students will be assessed on a case-by-case basis. Please contact **admin@tpti.ie** for further information.

2. Application Form

- The MSc application form is accessible on the TPI website, or can be requested by emailing **admin@tpti.ie**.
- Those interested in joining the course must complete and submit the MSc. application form, with accompanying application fee of €150.
- Applications must be accompanied by two written references.

Download the application form at turningpoint.ie



3. Interview

- All submitted applications will be reviewed by a member of the TPI faculty.
- Successful applicants will be called for interview with two members of faculty staff.
- The purpose of the interview is to ascertain whether the applicant has the necessary qualities, both academic and personal, to undertake a professional training programme in Counselling and Psychotherapy.

4. Course Offer

- The outcome from the interview will be communicated to applicants, via email.
- Successful applicants will receive a letter of offer, shortly after the interview.
- Documentary evidence of qualifications must accompany acceptance of the place offer.
- A **non-refundable** deposit of €2,000 is required to secure your place on the MSc course.

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Contact
admin@tpti.ie
01 280 1603
turningpoint.ie

Download the application form at turningpoint.ie

UCC University College Cork, Ireland Coláiste na hOllscoile Corcaigh · IAHIP · Irish Council for Psychotherapy · iacp · EAP European Association for Psychotherapy · EAIP · EAPTI European Accredited Psychotherapy Training Institute

All information is correct at time of going to press. All courses at TPI are subject to a minimum number of participants. TPI reserves the right to make changes to dates and times, course content and will make every effort to advise participants of any such changes in good time.